

Allergy List

Tay Do Café and Tay Do Restaurant,
65 & 60- 64 Kingsland road

Starters

	Gluten 	Peanuts 	Soya 	Molluscs 	Nuts 	Sesame 	Crustaceans 	Celery 	Lupin 	Eggs 	Lactose 	Sulphur Dioxide 	Fish 	Mustard
1. Prawn crackers							✘					✘		
2. Meat platter	✘ ▲									✘			★	
3. Veg platter	✘ ▲		★							✘				
4. Spring rolls	✘ ▲									✘			★	
5. Veg spring rolls	✘ ▲		★							✘				
6. Viet spring rolls										✘			★	
7. Summer rolls														
- Pork - Pork and prawns		★	★		★		●							
- Prawns - Tofu		★	★		★		●							
8. Shredded pork rolls													★	

✘ Allergy in dish

▲ Contains wheat

★ Allergy only within sauce

● Allergy only within seafood option

Starters

	Gluten	Peanuts	Soya	Molluscs	Nuts	Sesame	Crustaceans	Celery	Lupin	Eggs	Lactose	Sulphur Dioxide	Fish	Mustard
9. Steamed rolls														
- Pork - Prawns - Tofu			★				●						★	
10. Fried pork cake														
11. Prawn toast	✘ ▲					✘				✘			★	
13. Aubergine													★	
- Soya Sauce - Fish sauce			★											
14. Crispy seaweed														
15. Salt and pepper														
- Squid - Prawns - Crab				✘			✘			✘				
- Spare ribs - Frogs legs										✘				
- Tofu - Aubergine			★							✘				

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Starters

	Gluten	Peanuts	Soya	Molluscs	Nuts	Sesame	Crustaceans	Celery	Lupin	Eggs	Lactose	Sulphur Dioxide	Fish	Mustard
16. Satay														
- Chicken		✗			✗									
- Tofu														
- Prawns		✗			✗		✗							
17. Crab Tamarind				✗						✗				
18. Viet shaking beef	✗		✗											
19. Frogs legs butter	✗					✗				✗	✗			
20. Frogs legs betal leaf										✗				
21. Yuk sung														
- Eel														
- Beef		✗			✗		✗						✗	
22. Yuk sung														
- Chicken														
- Pork	✗													
- Vegetarian			✗											
23. Aromatic Duck	✗													
	▲		★											

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Starters

	Gluten	Peanuts	Soya	Molluscs	Nuts	Sesame	Crustaceans	Celery	Lupin	Eggs	Lactose	Sulphur Dioxide	Fish	Mustard
24. Viet Pancake														
- Chicken			★							✘			★	
- Pork														
- Tofu														
- Prawns							✘			✘			★	
25. Grilled Quail	✘		✘											
26. Lamb cutlets	✘		✘											
27. Grilled goat						✘								
28. Beef in betal leaf	✘		✘										★	
29. Prawn paste on sugar cane													★	
30. Pork patties													★	
















✘ Allergy in dish

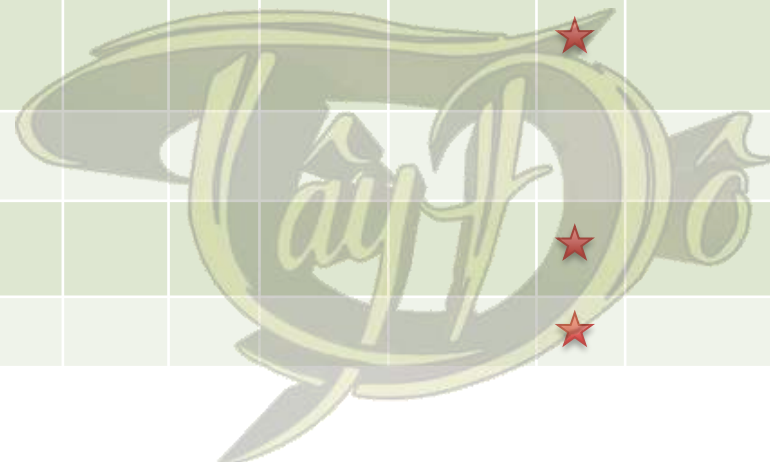
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Vietnamese Salad

	Gluten 	Peanuts 	Soya 	Molluscs 	Nuts 	Sesame 	Crustaceans 	Celery 	Lupin 	Eggs 	Lactose 	Sulphur Dioxide 	Fish 	Mustard 
31. Rare beef Salad			★			✘								
32. Mixed crunchy salad														
- Chicken - Tofu			★										★	
- Prawns - Squid				✘			✘						★	
33. Green papaya salad														
- Dry beef - Pork - Prawns and pork - Tofu		✘	★		✘								★	
- Prawns - Squid		✘		✘	✘		✘						★	
34. Lotus rootlet salad														
- Pork - Pork and prawns							●						★	
- Prawns - Squid				✘			✘						★	

















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Soups

	Gluten 	Peanuts 	Soya 	Molluscs 	Nuts 	Sesame 	Crustaceans 	Celery 	Lupin 	Eggs 	Lactose 	Sulphur Dioxide 	Fish 	Mustard 
35. Won ton soup	✘ ▲					✘	✘			✘				
36. Crab meat asparagus soup				✘		✘				✘				
37. Sweet corn soup														
- Chicken - Tofu						✘				✘				
- Crab				✘		✘				✘				
38. Viet sour soup														
- Prawns - Seafood				●			✘	✘					✘	
- Catfish - Chicken								✘					✘	
- Tofu								✘						

✘ Allergy in dish

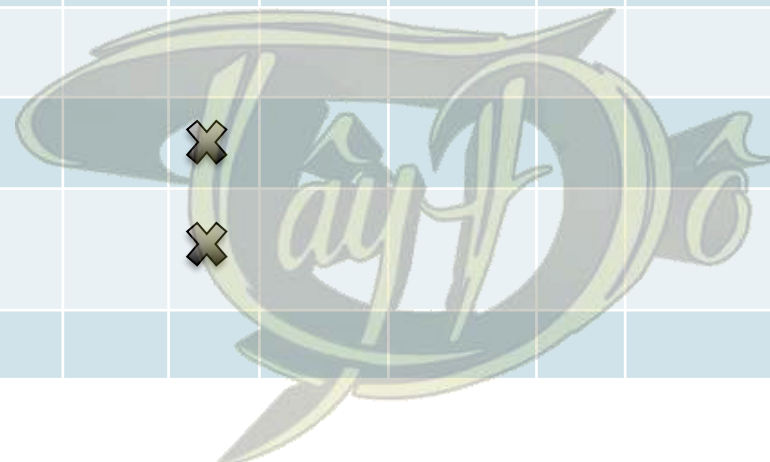
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Noodle Soups

	Gluten	Peanuts	Soya	Molluscs	Nuts	Sesame	Crustaceans	Celery	Lupin	Eggs	Lactose	Sulphur Dioxide	Fish	Mustard
39. Special beef pho														
40. Pho Hanoi														
41. Rare & well done flank pho														
42. Rare steak pho														
43. Pho														
- Chicken - Roast Duck - Tofu	✘ ▲ (Soya sauce added in tofu broth)													
- Prawns - Seafood				●			✘							
44. Egg noodles														
- Wonton	✘ ▲						✘						✘	
- Chicken - Roast Duck - Pork - Tofu	✘ ▲						✘						✘	



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Noodle Soups

	Gluten	Peanuts	Soya	Molluscs	Nuts	Sesame	Crustaceans	Celery	Lupin	Eggs	Lactose	Sulphur Dioxide	Fish	Mustard
45. Hot and spicy noodle soup														
- Beef														
- Chicken							✘							
- Beef and salami							✘							
- Tofu														
- Prawns				●			✘							
- Seafood														
46. Rice noodles w/ bamboo shoots														
- Chicken														
- Duck														
- Prawns														
- Seafood				●			✘							
47. Special hot and spicy noodle soup														
- Chicken							✘			✘				
- Beef							✘			✘				
- Crab				✘			✘			✘				

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Noodle Soups

	Gluten 	Peanuts 	Soya 	Molluscs 	Nuts 	Sesame 	Crustacean s 	Celery 	Lupin 	Eggs 	Lactose 	Sulphur Dioxide 	Fish 	Mustard 
48. Hanoi Combo noodle soup							✘			✘				
49. Rice noodle soup w/ tofu	✘		✘			✘								
50. Southern Viet noodles														
- Pork and seafood				✘			✘							
- Chicken - Pork - Duck														
- Prawns - Seafood				●			✘							



✘ Allergy in dish

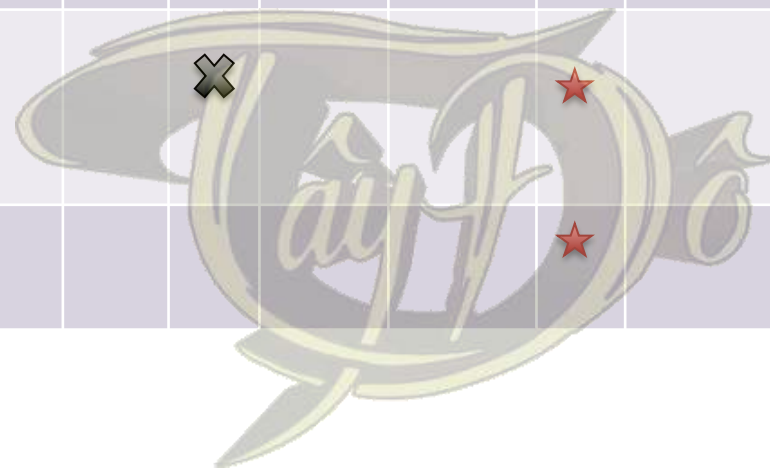
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Noodles

	Gluten 	Peanuts 	Soya 	Molluscs 	Nuts 	Sesame 	Crustacean s 	Celery 	Lupin 	Eggs 	Lactose 	Sulphur Dioxide 	Fish 	Mustard 
51. Tay Do Special Noodles	✘ ▲		✘							✘			★	
52. Rice noodles w/ coconut milk														
- Chicken - Pork - Duck - Lamb														
- Prawns - Squid - Seafood				●			✘							
53. Rice noodles char grilled pork	✘		✘										★	
54. Rice noodles w/ viet spring rolls / Veg spring rolls	✘ ▲		★							✘			★	
55. Rice noodles w/ pork patties													★	

















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Noodles

	Gluten 	Peanuts 	Soya 	Molluscs 	Nuts 	Sesame 	Crustaceans 	Celery 	Lupin 	Eggs 	Lactose 	Sulphur Dioxide 	Fish 	Mustard 
56. Rice noodles w/ chili lemongrass														
- Chicken - Pork - Duck - Lamb - Tofu			★										★	
- Prawns - Squid - Seafood				●			✘						★	
57. Singapore noodles / Vegetarian Singapore noodles	✘		✘			✘	✘			✘				
58. Viet hu tieu noodles														
- Chicken - Pork	✘		✘											
59. Beef satay Saigon noodles	✘ ▲	✘	✘		✘									

















✘ Allergy in dish

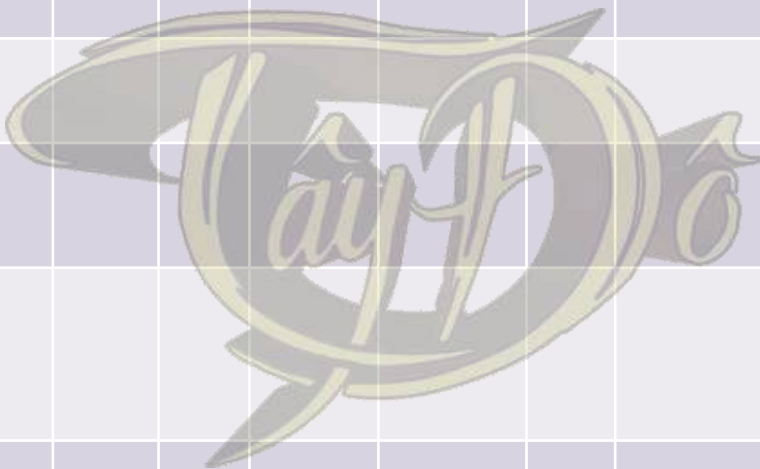
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● Allergy only within seafood option

Noodles

	Gluten 	Peanuts 	Soya 	Molluscs 	Nuts 	Sesame 	Crustacean 	Celery 	Lupin 	Eggs 	Lactose 	Sulphur Dioxide 	Fish 	Mustard 
60. Soft noodles (no sauce)														
- Chicken - Pork - Duck - Lamb - Mixed meat - Tofu	✘		✘											
- Prawns - Squid - Seafood	✘		✘	●			✘							
61. Soft noodles (w/ sauce)														
- Chicken - Pork - Duck - Lamb - Mixed meat - Tofu						✘								
- Prawns - Squid - Seafood				●		✘	✘							
62. Soft noodles w/ black bean														
- Chicken - Pork - Duck - Lamb - Mixed meat - Tofu	✘ ▲		✘			✘								
- Prawns - Squid - Seafood	✘ ▲ ✘		✘ ▲	●		✘	✘							
	✘ Allergy in dish		▲ Contains wheat			✘ Allergy only within sauce	✘ Allergy only within sauce					● Allergy only within seafood option		



Noodles

	Gluten 	Peanuts 	Soya 	Molluscs 	Nuts 	Sesame 	Crustaceans 	Celery 	Lupin 	Eggs 	Lactose 	Sulphur Dioxide 	Fish 	Mustard 
63. Egg noodles														
- Chicken	✘													
- Pork	✘													
- Duck														
- Lamb			✘			✘				✘				
- Mixed meat	▲													
- Tofu														
- Prawns	✘													
- Squid	✘		✘	●		✘	✘			✘				
- Seafood	▲													
64. Crispy egg noodles														
- Chicken	✘													
- Pork	✘													
- Duck														
- Lamb														
- Mixed meat	▲													
- Tofu														
- Prawns	✘													
- Squid	✘		✘	●		✘	✘			✘				
- Seafood	▲													
65. Crispy egg noodles black bean														
- Chicken	✘													
- Pork	✘													
- Duck														
- Lamb														
- Mixed meat	▲		✘											
- Tofu														
- Prawns	✘													
- Squid	✘		✘	●		✘	✘			✘				
- Seafood	▲													

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Noodles

	Gluten 	Peanuts 	Soya 	Molluscs 	Nuts 	Sesame 	Crustaceans 	Celery 	Lupin 	Eggs 	Lactose 	Sulphur Dioxide 	Fish 	Mustard 
66. Chow mein noodles														
- Chicken														
- Pork	✘													
- Duck	▲													
- Mixed meat			✘			✘				✘				
- Tofu														
- Prawns	✘													
- Squid	▲		✘			✘	✘			✘				
- Seafood				●										



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Fish

	Gluten	Peanuts	Soya	Molluscs	Nuts	Sesame	Crustaceans	Celery	Lupin	Eggs	Lactose	Sulphur Dioxide	Fish	Mustard
67. Steamed sea bass														
- Ginger and onion	✘		✘										✘	
- Black bean and fungus														
68. Steamed sea bream														
- Ginger and onion	✘		✘										✘	
- Black bean and fungus														
70. Fried sea bass														
- Salt chili lemongrass														
- Fish sauce and ginger													✘	
- Fish sauce and mango														
- Tamarind sauce													✘	
71. Fried sea bream														
- Salt chili lemongrass														
- Fish sauce and ginger													✘	
- Fish sauce and mango														
- Tamarind sauce													✘	

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Fish

	Gluten	Peanuts	Soya	Molluscs	Nuts	Sesame	Crustaceans	Celery	Lupin	Eggs	Lactose	Sulphur Dioxide	Fish	Mustard
72. Fried Tilapia														
- Salt chili lemongrass														
- Fish sauce and ginger													✘	
- Fish sauce and mango													✘	
- Tamarind sauce													✘	
73. Braised catfish in caramel	✘		✘										✘	














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Seafood

	Gluten 	Peanuts 	Soya 	Molluscs 	Nuts 	Sesame 	Crustacean s 	Celery 	Lupin 	Eggs 	Lactose 	Sulphur Dioxide 	Fish 	Mustard 
74. King prawns chili lemongrass							✘							
75. Stew king prawns							✘			✘			✘	
76. King prawns in butter	✘						✘				✘			
77. Stir fried aubergine														
- Prawns - Seafood	✘		✘	●		✘	✘							
78. Chili lemongrass														
- Prawns - Squid - Seafood				●			✘							
79. Ginger and onion														
- Prawns - Seafood - Scallops				●		✘	✘							
80. Mange tout														
- Seafood - Scallops				●		✘	✘							



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Seafood


	Gluten 	Peanuts 	Soya 	Molluscs 	Nuts 	Sesame 	Crustacean s 	Celery 	Lupin 	Eggs 	Lactose 	Sulphur Dioxide 	Fish 	Mustard 
81. Mushroom, babycorn & bamboo														
- Prawns - Squid - Seafood - Scallops														
82. Pineapple, pickled greens														
- Prawns - Seafood														
83. Chili satay sauce														
- Prawns - Squid - Seafood - Scallops														
84. Black bean sauce														
- Prawns - Seafood														



 Allergy in dish

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Seafood

	Gluten	Peanuts	Soya	Molluscs	Nuts	Sesame	Crustaceans	Celery	Lupin	Eggs	Lactose	Sulphur Dioxide	Fish	Mustard
85. Prawns green curry							✘							
86. Prawns sweet and sour						✘	✘			✘				
87. Prawns tamarind sauce	✘		✘			✘	✘							



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Mixed Meat

Gluten



Peanuts



Soya



Molluscs



Nuts



Sesame



Crustacean



Celery



Lupin



Eggs



Lactose



Sulphur Dioxide



Fish



Mustard



88. Chili and lemongrass coconut milk

89. Char grilled pork



90. Roast Duck



91. Stewed

- Chicken
- Pork



- Chicken and prawns
- Pork and prawns



92. Aubergine

- Chicken
- Pork
- Beef
- Duck



93. Chili and lemongrass

- Chicken
- Pork
- Beef
- Duck
- Lamb



Allergy in dish

Contains wheat

Allergy only within sauce

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Mixed Meat

Gluten



Peanuts



Soya



Molluscs



Nuts



Sesame



Crustacean



Celery



Lupin



Eggs



Lactose



Sulphur Dioxide



Fish



Mustard



94. Ginger and onion

- Chicken
- Pork
- Beef
- Duck
- Lamb



95. Mushroom, babycorn and bamboo

- Chicken
- Pork
- Beef
- Duck
- Lamb



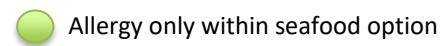
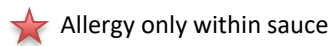
96. Black bean sauce

- Chicken
- Pork
- Beef
- Duck
- Lamb



97. Chili satay sauce

- Chicken
- Pork
- Beef
- Duck
- Lamb



Mixed Meat

Gluten



Peanuts



Soya



Molluscs



Nuts



Sesame



Crustacean



Celery



Lupin



Eggs



Lactose



Sulphur Dioxide



Fish



Mustard



98. Green curry

- Chicken
- Pork
- Beef
- Duck

99. Sweet and sour

- Chicken
- Pork
- Beef
- Duck





100. Tamarind sauce


- Beef
- Duck



 Allergy in dish

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Tofu and Vegetables

	Gluten	Peanuts	Soya	Molluscs	Nuts	Sesame	Crustaceans	Celery	Lupin	Eggs	Lactose	Sulphur Dioxide	Fish	Mustard
101. Pak choi														
- Garlic sauce						✗								
- Oyster sauce	✗		✗	✗		✗								
102. Choy sam														
- Garlic sauce						✗								
- Oyster sauce	✗		✗	✗		✗								
103. Morning glory														
- Garlic sauce						✗								
- Bean curd			✗			✗								
104. Mixed vegetables			✗			✗								
105. Aubergine w/ tofu	✗▲ (Soya sauce added in)		✗			✗								
106. Chili lemongrass w/ tofu														

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Tofu and Vegetables

Gluten



Peanuts



Soya



Molluscs



Nuts



Sesame



Crustacean



Celery



Lupin



Eggs



Lactose



Sulphur Dioxide



Fish



Mustard



107.

Mushroom, baby corn & bamboo w/ tofu



(Soya sauce added in)



108. Black bean w/ tofu



109. Chili satay sauce

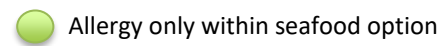
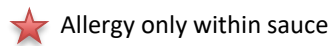
- Tofu
- Vegetables



110. Green curry tofu

111. Sweet and sour tofu

112. Tamarind tofu



	Gluten	Peanuts	Soya	Molluscs	Nuts	Sesame	Crustaceans	Celery	Lupin	Eggs	Lactose	Sulphur Dioxide	Fish	Mustard
113. Rice special	✗ ▲		✗							✗			★	
114. Pork chops w/ rice	✗ ▲		✗										★	
115. Roast duck w/ rice	★		★											
116. Seafood pickled green w/ rice				✗		✗	✗	✗						
117. Special fried rice							✗			✗				
118. Fried rice														
- Chicken - Vegetables										✗				
- King prawns - Seafood				●			✗			✗				
119. Steam rice														
120. Egg fried rice										✗				
121. Coconut Rice						✗								



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